

# 35 Character Building Questions

You have to build a backstory, a history, for your character. To help with that process you can use these questions. You should answer these questions as if you are the character. You should answer these questions for every role you play. Even if you are playing a small role, and if the answers to these questions are not available from the text, just make them up. By doing this you are building a solid understanding of who this person is.

---

1. What is your first and last name?

.....

2. Where were you born?

.....

3. What is the culture of where you grew up?

.....

4. What kind of childhood did you have?

.....

5. What were your parents/guardians like?

A. What were their names?

B. What did they do for a living?

C. Who did you have to become to get love from them?

D. Whose love did you crave the most?

E. Were they good to you?

F. Did you love them?

G. Did they love you?

H. If there was a phrase that summed up the culture of your family, what would it be?

6. Did you have brothers or sisters?

A. What were they like?

B. How did your parents treat them and how did your siblings treat your parents?

.....

7. What do you find funny?

.....

8. What are you afraid of?

.....

9. What are you in love with?

.....

10. How do you dress?

.....

11. Who was your first love?

.....

12. When was your first sexual experience?

What was it like?

.....

13. Do you have any addictions?

.....

14. What is your major need in life?

.....

---

# CHEAT SHEET

15. Do you have a partner?

A. How does he or she affect you?

16. What do you hide from others?

17. If you were an animal, what animal would you be?

18. What is your philosophy in life?

19. What is the best and worst part of your personality?

20. Who are your friends?

21. What do you do for a living?

22. What is the culture of the place where you work?

23. What is your predominant emotional state?

24. What have been your life-changing moments?

25. If you could change something in your life, what would it be?

26. What is your favourite colour?

27. What is your favourite food?

28. What kind of music do you like?

29. What kind of books or magazines do you like?

30. What do you find exciting?

31. What are you looking forward to?

32. What do you want to avoid at all costs?

33. If you were a house, what kind of house would you be?

34. If you were a car, what kind of car would you be?

35. If you were a material, what kind of material would you be?